



## VLSC 2025 Development Regatta

### Sailing Instructions

May 31- June 1, 2025

#### 1 Rules

- 1.1 The regatta will be governed by the rules as defined by the current Racing Rules of Sailing, as modified by the Notice of Race and these Sailing Instructions.
- 1.2 Class rules shall be observed and enforced by the competitors, except that competitors may use a “club sail” in place of a class legal sail, provided it is of the same dimensions and provides no added advantage.

#### 2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the Sailing Instructions will be posted before 1100 on the day it will take effect, except that any change to the schedule of races will be posted by 1300 the day before it will take effect.
- 2.2 Changes to a sailing instruction may be made on the water by verbally communicating the instructions to sailors. The information will also be hailed to coaches and support boats over the radio.

#### 3 NOTICES TO COMPETITORS

- 3.1 The official notice board will be on the glass doors from the porch, leading into the club house.
- 3.2 On the water, the race committee intends to monitor and communicate with competitors on VHF radio channel 72.

#### 4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the VLSC deck.
- 4.2 When flag AP is displayed ashore, ‘1 minute’ is replaced with ‘not less than 30 minutes’ in Race Signals AP.

#### 5 SCHEDULE

Saturday, May 31, 2025	Sunday, June 1, 2025
11:00-12:00 Check-in Rigging & Launching	9:00-10:00 Rigging & Launching
11:30 Safety/Support Boat Mtg	9:30 Safety/Support Boat Meeting
12:00 Competitors Meeting	10:30 First Possible Start
13:00 First Possible Start	15:30 No starts after this time
19:00 No starts after this time	~17:00 Awards

#### 6 RACING AREA

- 6.1 Race courses will be located on the East side of Vancouver Lake launching from the [Vancouver Lake Sailing Club](#). The exact racing area will depend on weather conditions with further details provided at the competitors’ meeting.

#### 7 NUMBER OF RACES

- 7.1 A minimum of one race shall constitute a regatta.

#### 8 STARTS and RACE TIME LIMITS

- 8.1 Starts shall be conducted using the 3-Minute Start Sequence as described in Appendix U.

- 8.2 The Race Committee will attempt to hail boats that are over early.
- 8.3 Boats that are falling behind may be finished in place by the Race Committee. This changes Rule 35.

## **9 COURSES**

- 9.1 See "Attachment A" for course diagrams
- 9.2 Course numbers will be announced verbally and displayed visually on a board from the committee boat before the starting sequence.
- 9.3 The target race length for a race is approximately 10-20 minutes.

## **10 PROTESTS AND APPEALS**

- 10.1 A boat intending to protest about an incident that occurs in the racing area shall notify the race committee finish boat of her intention as soon as possible after finishing, including the sail number of the boat(s) being protested. This adds to RRS 60.2(a).
- 10.2 Protest forms are available at the registration table. Completed protest forms shall be delivered there within the protest time limit.
- 10.3 The protest time limit is 30 mins after the race committee arrives back at the dock after each day's racing.
- 10.4 Notices will be posted within 10 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
- 10.5 Protests will be heard using the Expedited Protest Procedure, detailed in "Attachment B".

## **11 SCORING**

- 11.1 The Low-Point scoring system of Appendix A will apply.
- 11.1(a) When fewer than 5 races have been completed, a boat's overall score will be the total of her race scores.
- 11.1(b) When between 5 and 9 races have been completed, a boat's overall score will be the total of her race scores excluding her worst score.

## **12 COACHING**

- 12.1 Coaching the back 25% during races is permitted. Coaches must avoid interfering with the race of other sailors. This changes RRS 41.

## **13 SUPPORT & SPECTATOR BOATS**

- 13.1 VHF Channel 72 at all times.

## **14 SAFETY**

- 14.1 Competitors shall wear a US Coast Guard (USCG) approved personal flotation device (PFD) while on the water other than for brief periods while adding or removing clothing.
- 14.2 Safety and support boats shall come to the aid of a boat or person in danger. A boat perceived to be in danger cannot refuse assistance and may continue racing if she is able." See RRS 1.1 and 41.
- 14.3 All Optis must carry a bow line of at least 20' which is to remain affixed to a tow point at all times while racing. All FJs must carry a bow line of at least 35' which is to remain affixed to a tow point at all times while racing.

## **15 BOAT & TRAILER STORAGE**

- 15.1 Dinghies may use dollies to launch at the VLSC ramp. Competitors' boats and trailers may be stored at VLSC on Friday and Saturday nights. Coach and support boats are able to be launched from the VLSC launch but recommend they do so in advance of competitors and then leave them in the water tied to the Northernmost docks. Boats may be left in the water overnight.
- 15.2 Tidal range is approximately one to two feet but daily water levels fluctuate based on river conditions. For the latest water levels refer to [NOAA Northwest River Forecast](#) at Columbia - Vancouver POP where shallow conditions across the lake can exist below three feet measures.

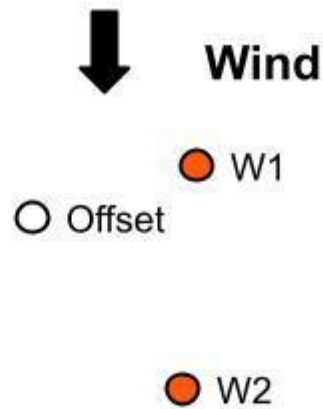
## Attachment A

**Course #1:** Start, W1, Offset, L (S/P), Finish

**Course #2:** Start, W2, L (S/P), Finish

**Course #3:** Start, W1, Offset, L (S/P), W1, Offset, L (S/P), Finish

**Course #4:** Start, W2, L (S/P), W2, L (S/P), Finish



### Notes:

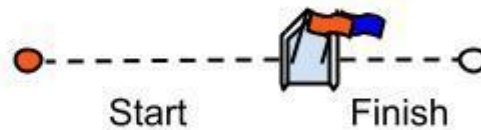
\*Except for L(S), keep all rounding marks to port

\*If a gate mark is missing, the remaining mark shall be rounded to port.

\*The Finish Line is restricted.

\*Diagram not drawn to scale, all angles approximate.

\*Marks might be a different color and/ or shape.



L(S) L(P)



## APPENDIX B

### EXPEDITED PROTEST PROCEDURE:

B1 Protests involving rules of RRS Part 2 (except RRS 14), RRS 31, 42 or 44 shall use the Expedited Protest Procedure:

- a) The hearing will begin as soon as all parties are assembled.
- b) If no one raises an objection, the protest will be determined to be valid.
- c) Each party will be given about 1 minute to state their case.
- d) The judges may question the parties and/or call witnesses.
- e) Each party will be given about 1 minute to question the other party.
- f) The parties are excused. The umpires will determine the facts and make their decision.
- g) The judges inform the parties of the decision orally.

B2 A competitor may not reopen expedited protest hearings after a decision has been made.  
(Changes RRS 63.7)

B3 Expedited hearings may be used to consider requests for redress involving breakdowns.